

WORKSHEET: SESSION THREE



The 'National Bank of Virtue'

Discuss this question as a group for five minutes: Is the 'National Bank of Virtue' currently in surplus or deficit? Why?

What is the role of faith communities in this regard?

Unlocking the second prison

As a group, have a conversation that begins to explore the following questions: how can we help to unlock the second prison?

'People transform themselves, we either facilitate it or hinder it.' What do you think about this statement? How can faith communities help or hinder personal transformation?

Film - Leaving Prison In Faith: Community

Watch the final film as a group. The film lasts for just under fifteen minutes and is available to stream or download at www.welcomedirectory.org.uk/sessions

What did you notice that stood out or surprised you?

Why does it matter?

What does to mean for me?

Talk together about the impact that the third film made upon you.

A community made of people

Have a conversation about how someone who has left prison in faith might build new friendships in your community. How might you help to sustain life giving connections in the areas we have thought about together? What issues might you encounter and how might you overcome them?

A community of people with faith

Have a conversation about how someone who has left prison in faith might develop their faith in your community. What does your community have to offer? How might you help to sustain faith in the areas we have thought about together? What issues might you encounter and how might you overcome them?

A COMMUNITY THAT ACTS ON THIER FAITH

Have a conversation about how someone who has left prison in faith might find opportunities to act upon their faith in your community. What opportunities to serve others does you community have to offer? How might you help to provide opportunities to develop their resources and skills in the areas we have thought about together? What issues might you encounter and how might you overcome them?

Ending place

This last exercise records your ending place and will reflect your journey during the time you have been participating in these sessions.

Spend a few minutes filling out The Welcome Directory Attitudinal Awareness Survey. Your responses are anonymous and will help us work towards a rehabilitative society. Please pass them to the facilitator at the end of the third session.

Taking things further

Check out our Next Steps guide for ideas, information and inspiration. Available at www.welcomedirectory.org.uk/sessions

Please remember to register your faith community!